

Rowdown Primary School P.E Policy



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Introduction:

At Rowdown Primary School we believe that physical education and school sport enjoyed in a safe and supportive environment, is a unique and vital contributor to a pupil's physical development and well-being.

Legal Requirements:

In accordance with government guidance, all children in Key Stage 1 and 2 at Rowdown Primary School are offered two PE lessons a week. PE is a compulsory subject and an active lifestyle should be promoted from a young age. The School Sport and Activity Plan (2023) emphasises the importance of physical activity for children, including the Chief Medical Officers' recommendation that children and young people should engage in 'moderate-to-vigorous physical activity' for an average of at least 60 minutes per day across the week.

To allow pupils from all areas and backgrounds to access PE in schools and a range of sporting opportunities, the government has committed to continue Sports Premium funding until at least 2025.

As per the National Curriculum (2014), Rowdown Primary School offers swimming lessons to children in Key Stage 1 or 2 in a block of lessons taught by qualified swimming instructors. This supports as many children as possible to achieve the end of Key Stage 2 expectation of 25m swimming in a recognised stroke.

Teaching and Learning:

PE is delivered throughout the school day and a timetable can be found on our Google Drive. This includes designated sessions for all classes and a Curriculum Overview. All classes have two hours of PE per week. At KS2, the PE lessons are planned to enable more complex skills, knowledge and understanding to be developed. This builds on the fundamental skills taught in KS1.

PE is rarely cancelled as we understand the importance of the subject contributing to all aspects of health and well-being. In the event of weather conditions making it unsuitable to complete the activity planned, alternative arrangements are made. This usually involves moving and adapting an outdoor lesson to the indoor spaces (King's and Queen's Hall). If this is not possible, a lesson may be moved to the classroom for Active Blasts (imoves) or an indoor strategic game or activity such as cup stacking for KS2 parachute games for EYFS/KS1.

Teachers have had CPD training on imoves curriculum and are offered support with planning and implementing lessons as needed. Teachers have access to equipment to allow the full complement of lessons to be taught effectively.

Equal opportunities:

The curriculum embraces the Statutory Orders of the National Curriculum 2014 and Early Years Foundation Stage (EYFS) Guidance. It is inclusive and every pupil has equal access irrespective of their age, gender, cultural or ethnic background.

SEN and EAL children are able to access the curriculum through a range of teaching strategies and adaptations. For example – a new skill may have a demo clip on imoves which models children performing it correctly. This allows SEN/EAL children a further learning opportunity.

The school ensures all children have the opportunity to participate in PE lessons by providing spare PE kit and ensuring that all children have opportunity for swimming lessons (in Year 2).

The school utilises the Sports Premium budget to allow to opportunities for pupils that may otherwise not have access to these –for example attendance at Croydon Schools Sports events.

Equipment:

Pupils are taught to lift and carry equipment safely within lessons and with adult support and guidance. They know how many people are needed to carry and place specific items of equipment and how to carry correctly.

All equipment should be visually checked prior to using it to ensure it is safe to use, assembled correctly and not damaged or faulty. Any faulty equipment is reported to the site team and PE coordinator for further assessment and action. Where equipment is deemed unsafe, but repairable, it is moved well away from the working area and clearly labelled as unsafe until made good. Equipment condemned following an inspection is completely removed and disposed of.

Most of the games equipment is stored in the KS2 storage cupboard or KS1 PE storage cages. Gymnastics equipment is stored in and around the hall itself and is not used for other purposes (such as seating).

Staff receive training on how to safely use wall bars in order to ensure they are correctly erected and stored.

It is the responsibility of all staff to ensure that the equipment is replaced tidily in order to minimise the potential for tripping, and to allow safe accessibility for pupils and prevents damage.

Recording, Marking, Assessment and Reporting:

Assessment in PE takes place during lessons where children are learning skills, tactics and physical competence. This assessment for learning allows staff to ensure safety of children and a clear progression of skills throughout Key Stages 1 and 2. School staff are knowledgeable in how to make adaptations to lessons in order to stretch certain pupils and encourage rapid progress. Staff are encouraged to use the moves planning to support accurate and detailed assessment. Pupils with sporting skills in certain areas are identified and encouraged (through discussion with parents) to explore sports clubs outside of school as well as join extra-curricular sports offered at Rowdown. The PE coordinator is responsible to liaise with the PE coach regarding assessment of pupils and encourage talent identification across the PE curriculum.

Management:

PE is managed by the PE coordinator. This member of the teaching staff is responsible for: allocating the PE budget to replenish equipment; oversee the scheme of work annually; ensure lessons are being taught effectively; create and implement a yearly Action Plan; liaise with the company providing the PE coach; oversee and remain as a first point of contact for the school based PE coach. The PE Coordinator further arranges the schedule, timetable and manages the PE coach – ensuring they have the necessary equipment and support to host PE lessons and extra-curricular clubs. The PE coordinator is responsible for organising staff CPD when needed as appropriate.

The PE coordinator manages the PE equipment storage – ensuring equipment is stored in designated places around the school and accessible to staff for PE lessons, replenishing as necessary within budget allocation.

The PE coordinator establishes links with local sporting companies and organisations to encourage an active lifestyle in and out of school as well as arranging sporting events for pupils (usually in Key Stage 2 as per the National Curriculum (2014)) to have competitive sporting experiences. The PE coordinator is responsible for planning, organising, resourcing and delivering whole-school sporting events such as Sports Day and Olympic Day. The PE coach is responsible for sourcing, arranging and organising Outdoor Adventurous Activities (OOA) for a selection of pupils each year.

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