

Statement of Intent:

We are passionate about PE and sport at Fairchildes. Having fun and being active through physical activity is essential for children's health, development and wellbeing. They are also taught the skills of communication required to take part in sport effectively.

Children achieve their expected 2 hours of physical activity a week through a varied, progressive and fun curriculum. PE lessons are inclusive and meet individual needs. Progressing from developing simple movement in EYFS, to the teaching of advanced skills in Year 6. PE lessons follow the guidance set out in the National Curriculum in England Framework Document (2013).

For some children PE is when they truly excel and meet their potential. We ensure that these abilities are met and catered for through our extra Sports 'gifted and talented' provision. Lessons are also adapted to support those who need extra support within different areas of the curriculum. Not all children will excel at sport, but our aim is to ensure that all of our children appreciate the importance of exercise in order to lead a healthy life. We offer a variety of sports clubs and teams aiming to find something that suits all levels of fitness and skill.

Imoves Unit Overview 2021-2022	Autumn 1		Autumn 2		Spring 1	
	360	Bootcamp	Fundamental Skills 1 for Ages 6-7	Gymnastics Ages 6-7	Fundamental Skills 2 Ages 6-7	Dance
Reception	Fundamental Skills 1	Pilates	Fundamental Skills 2	Gymnastics	Fundamental Skills 3	Dance
Year 1 (Coach Thurs)	Fundamentals 1	Fundamentals 2	Dance		Gymnastics	Pilates
Year 2 Lorraine H one lesson	Fundamentals 1	Fundamentals 2	Gymnastics	Yoga	Fundamentals 3	Pilates
Year 3 (Coach)	Invasion Games 1	Invasion Games 2	Dance	Pilates	Gymnastics	Bootcamp Fitness Circuits
Year 4 (Coach Thurs)	Invasion games 1	Swimming Bootcamp	Swimming Invasion Games 2	Dance	Gymnastics	Swimming Net and Wall 1
Year 5	Invasion games 1	Invasion games 2	Bootcamp	Pilates	Hockey	Gymnastics
Year 6	Invasion games 1	Invasion games 2	Dance	Pilates	Gymnastics	OAA

Imoves Unit Overview 2021-2022	Spring 2		Summer 1		Summer 2	
360	Pilates 5-6 Year olds	Fundamental Skills 4 6-7 year olds	Athletic Activities Part 1	OAA for 7-8 Year olds	Athletic Activities Part 2	Fundamental Skills 5 6-7 year olds
Reception	Fundamental Skills 4	Dance	Fundamental Skills 5	Sports Day prep	Fundamental Skills 6	Gymnastics
Year 1 (Coach Thurs)	Fundamentals 3	Fundamentals 4	Beanstalk Adventures 1& 2		Dance	Yoga
Year 2 (Coach Weds)	Dance Fundamental 4		Sports Day Prep	Fundamentals 5	Cheerleading	Dance
Year 3	Football Skills and Drills	Yoga	Athletics Activities 1	Athletics Activities 2	Striking and Field part 1	OAA
Year 4 (Coach Thurs)	Swimming OAA	Basketball	Swimming Sports Day prep	Striking and fielding 1	Athletics Activities 1	Athletics Activities 2
Year 5	Dance	OAA	Cricket	Tennis	Athletics Activities 2	Athletics Activities 2
Year 6	Rugby	Cricket	Athletics 1	Athletics 2	Striking and fielding 1	Striking and fielding 2