

# What's on the menu?

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE	<p>Pizza Margherita or Sweet Pepper, Olive &amp; Pesto Pizza with Chef's Salad <b>Eggs, Milk, Soybeans, Wheat</b></p> <p>Sweet Potato Stir with Spiced Vegetable Rice</p> <p>Apple Crumble with Custard <b>Milk, Wheat</b></p>	<p>Cottage Pie with Caramelised Onion &amp; Thyme Gravy</p> <p>Tomato &amp; Basil Pasta with Paprika &amp; Garlic Bread <b>Eggs, Milk, Soybeans, Wheat</b></p> <p>Carrot Cake Cookie with Orange Wedges <b>Eggs, Wheat</b></p>	<p>Herb Roast Turkey with Roast Potatoes or New Potatoes</p> <p>Root Vegetable Rosti Roast Potatoes or New Potatoes</p> <p>Red Velvet Cake with Chocolate Sauce <b>Eggs, Milk, Wheat</b></p>	<p>Beef Penne Pasta with Garlic &amp; Herb Focaccia Bread <b>Eggs, Milk, Soybeans, Wheat</b></p> <p>Pasta Primavera with Garlic &amp; Herb Focaccia Bread <b>Eggs, Milk, Soybeans, Wheat</b></p> <p>Berry Swirl Sponge with Custard <b>Eggs, Milk, Wheat</b></p>	<p>Battered Fish with Chips &amp; Tomato Sauce <b>Fish, Wheat</b></p> <p>Wholemeal Cheddar Cheese &amp; Spinach Quiche with Chips <b>Eggs, Milk, Wheat</b></p> <p>Harrison Bear Chocolate Shortbread with Fresh Fruit Wedges <b>Wheat</b></p>
WEEK TWO	<p>Macaroni Cheese with Tomato &amp; Basil Focaccia Bread <b>Eggs, Milk, Soybeans, Wheat</b></p> <p>Indian Style Vegetable Biryani with Chickpea Dahl <b>Wheat</b></p> <p>Lemon Sponge with Custard <b>Eggs, Milk, Wheat</b></p>	<p>Jacket Potato with Mild Beef Chilli &amp; Sour Cream <b>Wheat, Milk</b></p> <p>Jacket Potato with Baked Beans &amp; Cheddar Cheese <b>Milk</b></p> <p>Salmon &amp; Lemon Fishcake with Herbed New Potatoes <b>Fish</b></p> <p>Oat &amp; Raisin Cookie with Fresh Fruit Wedges <b>Eggs, Wheat</b></p>	<p>Lemon &amp; Thyme Chicken Casserole with Roast Potatoes</p> <p>Sweet Potato &amp; Parsnip Wellington with Roast Potatoes <b>Wheat</b></p> <p>Carrot &amp; Orange Cake with Custard <b>Eggs, Milk, Wheat</b></p>	<p>Beef Bolognaise with Fusilli Pasta, Tomato &amp; Herb Breadstick <b>Eggs, Milk, Soybeans, Wheat</b></p> <p>Vegetable Bolognaise with Fusilli Pasta, Tomato &amp; Herb Breadstick <b>Eggs, Milk, Soybeans, Wheat</b></p> <p>Marbled Sponge with Chocolate Sauce <b>Eggs, Milk, Wheat</b></p>	<p>Breaded Fish with Chips &amp; Tomato Sauce <b>Fish, Wheat</b></p> <p>Chilli Bean Wrap with Salsa &amp; Chips <b>Wheat</b></p> <p>Ice Cream with Fresh Fruit Wedges <b>Milk</b></p>
WEEK THREE	<p>Italian Style Tomato &amp; Herb Pasta with Garlic &amp; Herb Breadstick <b>Eggs, Milk, Soybeans, Wheat</b></p> <p>Jacket Potato with Cheddar Cheese &amp; Coleslaw <b>Eggs, Milk, Mustard</b></p> <p>Pineapple &amp; Orange Sponge with Custard <b>Eggs, Milk, Wheat</b></p>	<p>BBQ Style Chicken with Vegetable Rice <b>Wheat</b></p> <p>Cheese &amp; Chive Vegetable Pasta with Tomato Focaccia Bread <b>Eggs, Milk, Soybeans, Wheat</b></p> <p>Jelly with Fresh Fruit Wedges</p>	<p>Roast Gammon with Roast Potatoes <b>Sulphites</b></p> <p>Roast Root Vegetable Hotpot</p> <p>Apple &amp; Berry Oat Bar with Custard <b>Milk, Wheat</b></p>	<p>Pork Sausages with Mashed Potatoes <b>Sulphites</b></p> <p>Pesto Style Pasta with a Mediterranean Style Salad with Olives &amp; Croutons <b>Eggs, Milk, Soybeans, Wheat</b></p> <p>Chocolate Sponge with Chocolate Sauce <b>Eggs, Milk, Wheat</b></p>	<p>Battered Fish with Chips &amp; Tomato Sauce <b>Fish, Wheat</b></p> <p>Cornish Style Pasty with Rainbow Ribbon Salad &amp; Chips <b>Wheat</b></p> <p>Harrison Bear Lemon Shortbread with Fresh Fruit Wedges <b>Wheat</b></p>

## Available daily

Please ask the catering manager for food allergen information

Salad Selection, Vegetable Selection, Homemade Bread, Fresh Fruit Platter, Yoghurt

### WEEK ONE

29 Aug / 19 Sept / 10 Oct / 14 Nov /  
5 Dec 2022 / 9 Jan / 30 Jan 2023

### WEEK TWO

5 Sept / 26 Sept / 31 Oct / 21 Nov /  
12 Dec 2022 / 16 Jan / 6 Feb 2023

### WEEK THREE

12 Sept / 3 Oct / 7 Nov /  
28 Nov 2022 / 2 Jan / 23 Jan 2023

Please see page 2 regarding  
allergen information provided  
on the menu.

