

What's on the menu?

HARRISON
food with thought

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK
ONE

Margherita Pizza
Wheat, Milk
or Mediterranean Roast Vegetable Pizza
Wheat, Milk
with a Garlic & Sweet Pepper Pasta Side
(Wholemeal / White Mix)
Wheat
Jacket Potato with Baked Beans & Veggie Balls
Broccoli / Sweetcorn
Chocolate Sponge
Wheat, Egg, Milk
with Chocolate Sauce
Milk

Piri Piri Style Chicken
served with Smoky Oven Roast Potato Wedges
Rainbow Ribbon Pasta
(Wholemeal / White Mix)
Wheat
with a Mixed Leaf Salad
Green Beans / Carrots with Lemon & Thyme
Wholemeal Shortbread
Wheat
or Lemon Gram Flour Shortbread
Both served with Fruit Wedges

Mexican Style Beef Wrap
Wheat
served with a Vegetable Rice
(Wholegrain / White Mix)
Carrot & Leek Sausages
Wheat
with a Smoky BBQ Style Relish
Sulphites
served with Parsley Potatoes
Sweetcorn with Chives / Savoy Cabbage
Cinnamon & Cocoa Traybake
Wheat, Egg, Milk

Chicken Korma
served with Rice
Chinese Style Vegetarian Stir Fry
served with Noodles
Wheat, Egg
or Rice
(Wholegrain / White Mix)
Broccoli / Carrots
Orange Sponge
Wheat, Egg, Milk
with Custard
Milk

Battered Fish Fillet
Wheat, Fish
served with Tomato Sauce & Chips
or New Potatoes
Cajun Style Sweet Potato Fritter
served with a Pineapple Relish & Chips
or New Potatoes
Peas / Baked Beans
Strawberry Ice Cream
Milk
with Apple & Berry Compote

WEEK
TWO

Macaroni Cheese
Wheat, Milk
with a Winter Style Salad
Sweet Potato Stir
served with Rice
(Wholegrain / White Mix)
Vegetable Medley
Wholemeal Carrot Cake
Wheat, Egg
with Custard
Milk

Curried Chana Chicken
served with Pilau Rice
(Wholegrain / White Mix)
Cheddar Cheese & Leek Pinwheel
Wheat, Milk
served with Seasoned Potato Wedges
Sweetcorn / Garlic Greens
Vanilla Ice Cream
Milk
with Pineapple Compote

Jacket Potato with Baked Beans
& Cheese
Milk
Pasta Primavera
Wheat
with a Tomato & Basil Breadstick
(Wholemeal / White Mix)
Wheat, Soybeans
Broccoli / Glazed Carrots
Marbled Sponge
Wheat, Egg, Milk
with Chocolate Sauce
Milk

Beef Bolognais
or Vegetarian Bolognais
served with Penne Pasta
(Wholemeal / White Mix)
Wheat
or Rice
(Wholegrain / White Mix)
Salmon Fishcake
Wheat, Fish
served with a Tomato & Bean Salsa
& Herbed Potatoes
Oven Roasted Courgettes / Sweetcorn
Lemon Traybake
Wheat, Egg, Milk

Chicken Sausage Roll
Wheat, Sulphites
served with Tomato Sauce & Chips
or New Potatoes
Falafel Bites
served with a Sweet Chilli Dip & Chips
or New Potatoes
Peas / Baked Beans
Chocolate Shortbread
Wheat
or Orange Spiced Gram Flour Shortbread
Both served with Fruit Wedges

WEEK
THREE

Red Pesto Style Pasta
(Wholemeal / White Mix)
Wheat
with a Ribbon Salad
Jacket Potato
with Cheddar Cheese
Milk
& Coleslaw
Egg, Milk, Mustard
Roasted Butternut Squash / Peas
Steamed Jam Sponge
Wheat, Egg, Milk
with Custard
Milk

BBQ Style Chicken Wrap
Wheat, Sulphites
served with a Tomato & Herb Rice
(Wholegrain / White Mix)
& a Crunchy Chopped Salad
Vegetarian Cottage Pie
Roasted Courgettes / Sweetcorn
Ice Cream
Milk
served with Spiced Apple Compote

Margherita Pizza
Wheat, Milk
or Beef & Mushroom Pizza
Wheat, Milk
with Seasoned Oven Roast Potato Wedges
Indian Style Vegetable Biryani
(Wholegrain / White Mix)
Vegetable Medley
Orange Traybake
with Chocolate Drizzle
Wheat, Egg, Milk

Minced Beef & Vegetables
served with a Puff Pastry Top
Wheat
& Parsley Potatoes
Tomato & Basil Pasta
(Wholemeal / White Mix)
Wheat
served with Cheese
Milk
Carrots / Savoy Cabbage
Berry Swirl Sponge
Wheat, Egg, Milk
with Custard
Milk

Chicken Sausages
served with Tomato Sauce & Chips
or New Potatoes
Tikka Style Chickpea & Potato Cakes
served with a Apple & Mint Chutney & Chips
or New Potatoes
Peas / Baked Beans
Wholemeal Lemon Shortbread
Wheat
or Cinnamon & Chocolate Gram Flour Shortbread
Both served with Fruit Wedges

Available daily

Please ask the catering manager for food allergen information

WEEK ONE

w/c 3rd Nov, 24th Nov, 15th Dec,
19th Jan, 9th Feb, 9th Mar

WEEK TWO

w/c 10th Nov, 1st Dec, 5th Jan,
26th Jan, 23rd Feb, 16th Mar

WEEK THREE

w/c 17th Nov, 8th Dec, 12th Jan,
2nd Feb, 2nd Mar, 23rd Mar

Menu Items Available Daily: Salad Selection • Homemade Bread • Fresh Fruit • Yoghurt



Please see page 2 regarding
allergen information provided
on the menu.

