

What's on the menu?

HARRISON
food with thought

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE	<p>Margherita Pizza Wheat, Milk or Mediterranean Roast Vegetable Pizza Wheat, Milk with a Garlic & Sweet Pepper Pasta Side (Wholemeal / White Mix) Wheat</p> <p>Jacket Potato with Baked Beans & Veggie Balls</p> <p>Broccoli / Sweetcorn</p> <p>Chocolate Sponge Wheat, Egg, Milk with Chocolate Sauce Milk</p>	<p>Piri Piri Style Chicken served with Smoky Oven Roast Potato Wedges</p> <p>Rainbow Ribbon Pasta (Wholemeal / White Mix) Wheat with a Mixed Leaf Salad</p> <p>Green Beans / Carrots with Lemon & Thyme</p> <p>Wholemeal Shortbread Wheat or Lemon Gram Flour Shortbread Both served with Fruit Wedges</p>	<p>Mexican Style Beef Wrap Wheat served with a Vegetable Rice (Wholegrain / White Mix)</p> <p>Carrot & Leek Sausages Wheat with a Smoky BBQ Style Relish Sulphites served with Parsley Potatoes</p> <p>Sweetcorn with Chives / Savoy Cabbage</p> <p>Cinnamon & Cocoa Traybake Wheat, Egg, Milk</p>	<p>Chicken Korma served with Rice</p> <p>Chinese Style Vegetarian Stir Fry served with Noodles Wheat, Egg or Rice (Wholegrain / White Mix)</p> <p>Broccoli / Carrots</p> <p>Orange Sponge Wheat, Egg, Milk with Custard Milk</p>	<p>Battered Fish Fillet Wheat, Fish served with Tomato Sauce & Chips or New Potatoes</p> <p>Cajun Style Sweet Potato Fritter served with a Pineapple Relish & Chips or New Potatoes</p> <p>Peas / Baked Beans</p> <p>Strawberry Ice Cream Milk with Apple & Berry Compote</p>
WEEK TWO	<p>Macaroni Cheese Wheat, Milk with a Winter Style Salad</p> <p>Sweet Potato Stir served with Rice (Wholegrain / White Mix)</p> <p>Vegetable Medley</p> <p>Wholemeal Carrot Cake Wheat, Egg with Custard Milk</p>	<p>Curried Chana Chicken served with Pilau Rice (Wholegrain / White Mix)</p> <p>Cheddar Cheese & Leek Pinwheel Wheat, Milk served with Seasoned Potato Wedges</p> <p>Sweetcorn / Garlic Greens</p> <p>Vanilla Ice Cream Milk with Pineapple Compote</p>	<p>Jacket Potato with Baked Beans & Cheese Milk</p> <p>Pasta Primavera Wheat with a Tomato & Basil Breadstick (Wholemeal / White Mix) Wheat, Soybeans</p> <p>Broccoli / Glazed Carrots</p> <p>Marbled Sponge Wheat, Egg, Milk with Chocolate Sauce Milk</p>	<p>Beef Bolognaise or Vegetarian Bolognaise served with Penne Pasta (Wholemeal / White Mix) Wheat or Rice (Wholegrain / White Mix)</p> <p>Salmon Fishcake Wheat, Fish served with a Tomato & Bean Salsa & Herbed Potatoes</p> <p>Oven Roasted Courgettes / Sweetcorn</p> <p>Lemon Traybake Wheat, Egg, Milk</p>	<p>Chicken Sausage Roll Wheat, Sulphites served with Tomato Sauce & Chips or New Potatoes</p> <p>Falafel Bites served with a Sweet Chilli Dip & Chips or New Potatoes</p> <p>Peas / Baked Beans</p> <p>Chocolate Shortbread Wheat or Orange Spiced Gram Flour Shortbread Both served with Fruit Wedges</p>
WEEK THREE	<p>Red Pesto Style Pasta (Wholemeal / White Mix) Wheat with a Ribbon Salad</p> <p>Jacket Potato with Cheddar Cheese Milk & Coleslaw Egg, Milk, Mustard</p> <p>Roasted Butternut Squash / Peas</p> <p>Steamed Jam Sponge Wheat, Egg, Milk with Custard Milk</p>	<p>BBQ Style Chicken Wrap Wheat, Sulphites served with a Tomato & Herb Rice (Wholegrain / White Mix) & a Crunchy Chopped Salad</p> <p>Vegetarian Cottage Pie</p> <p>Roasted Courgettes / Sweetcorn</p> <p>Ice Cream Milk served with Spiced Apple Compote</p>	<p>Margherita Pizza Wheat, Milk or Beef & Mushroom Pizza Wheat, Milk with Seasoned Oven Roast Potato Wedges</p> <p>Indian Style Vegetable Biryani (Wholegrain / White Mix)</p> <p>Vegetable Medley</p> <p>Orange Traybake with Chocolate Drizzle Wheat, Egg, Milk</p>	<p>Minced Beef & Vegetables served with a Puff Pastry Top Wheat & Parsley Potatoes</p> <p>Tomato & Basil Pasta (Wholemeal / White Mix) Wheat served with Cheese Milk</p> <p>Carrots / Savoy Cabbage</p> <p>Berry Swirl Sponge Wheat, Egg, Milk with Custard Milk</p>	<p>Chicken Sausages served with Tomato Sauce & Chips or New Potatoes</p> <p>Tikka Style Chickpea & Potato Cakes served with a Apple & Mint Chutney & Chips or New Potatoes</p> <p>Peas / Baked Beans</p> <p>Wholemeal Lemon Shortbread Wheat or Cinnamon & Chocolate Gram Flour Shortbread Both served with Fruit Wedges</p>

Available daily

Please ask the catering manager for food allergen information

Menu Items Available Daily: Salad Selection • Homemade Bread • Fresh Fruit • Yoghurt

WEEK ONE

w/c 3rd Nov, 24th Nov, 15th Dec,
19th Jan, 9th Feb, 9th Mar

WEEK TWO

w/c 10th Nov, 1st Dec, 5th Jan,
26th Jan, 23rd Feb, 16th Mar

WEEK THREE

w/c 17th Nov, 8th Dec, 12th Jan,
2nd Feb, 2nd Mar, 23rd Mar



Please see page 2 regarding
allergen information provided
on the menu.

