

Year 2 - Sample Lesson Plan

About Me and Why I am Special

Aims

To think about the special things we can do now and what makes us different.

Success Criteria

- Children will be able to say what they think is special, unique or different about them.

Resources

- Activity 1 - Feeling Special
- Activity 2 - Why I am Special

Activities

1. Share the session aim and success criteria with the children.
2. Revisit Dot's chant.
3. Remind the children about the Dot Minute - what it is, when it might be used and how they can ask for a Dot Minute.
4. Activity 1 - Read 'Feeling Special' with the children. Ask the children what makes Rory feel special? What makes Jasmine feel special? Explain that they both have different special things they feel about themselves. Discuss with the children what Rory and Jasmine think makes them feel different. Discuss with the children what aspects of themselves they consider to feel special/unique/different.
5. Activity 2 - Why I Am Special. The children complete the online activity where they write and draw something about themselves that is special.
6. If the children wish, ask them to show their work and talk about what makes them feel special.
7. You might wish to end the session using the Dot's chant.