

Rowdown Primary School RSE Policy



Introduction and Purpose:

From September 2020 all schools are required to teach RSE to pupils from the age of four onwards as per section 34 of the Children and Social work act 2017. However, we are not expected to provide Sex Education but we do need to teach elements of it contained in the Science curriculum.

Policy development:

This policy has been developed in accordance with the DFE 2019 Relationships Education, Relationships and Sex Education (RSE) and Health Education document. An updated RE scheme of work for Reception to Y6 has been developed and is included within the PSHE scheme of work.

It has been developed in consultation with governing body, members of staff and parents to reflect the needs of the community we serve at.

Definition:

RSE is lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of loving and caring relationships and promotes British Values. RSE promotes self-esteem, emotional, social and cultural development and wellbeing. It enables children to form and maintain worthwhile and satisfying relationships throughout their lives. This is based on having respect for themselves and for others in all communities they are part of e.g. home, school, work or wider community.

These subjects knowledge can support children to make sound decisions when facing risks, challenges and complex contexts. To know how and when to ask for help, and to know where to access support.

Aims and Objectives for Relationship Education

The aim of RSE is to provide children with age appropriate information, explore attitudes and values and develop skills in order to empower them to make positive decisions about their health related behaviour. This will take place with consideration of the qualities of relationships within families. Relationship education such as friendships, emotions, bullying etc. will also be explored as part of the PHSE curriculum

The objectives Relationship Education are:

- To provide the knowledge and information to which all pupils are entitled
- To raise pupils' self-respect, confidence, and empathy for themselves and in their relationships with others;
- To help pupils' develop skills (language, decision making, choice, assertiveness) and make the most of their abilities.
- To provide a framework in which sensitive discussion can take place;
- To teach pupils the correct vocabulary to describe themselves and their bodies;

- To develop skills for a healthier, safer lifestyle;
- To respect and care for their bodies
- To be prepared for puberty and adulthood;
- To help pupils learn about the full range of different relationships in modern Britain;
- To be complementary and supportive to the role of parents;

Withdrawing from the subjects

Relationships and health education are statutory at primary schools from September 2020 and parents do not have the right to withdraw their child from any part of our Relationship Education Curriculum.

Parents have the right to withdraw their children from the non-statutory components of Sex Education taught within the RSE curriculum (other than those which are part of the science curriculum taught in Year 5).

Support will be offered to parents who find that, during the period that these lessons are taught, children ask more challenging questions.

Curriculum

RSE is delivered through our PSHE Dot Com programme, computing, science and PE curriculum. The curriculum is developed taking age, needs and feelings of pupils. Our SRE curriculum is adapted as and when necessary to meet the needs of pupils.

Our RSE curriculum is covered through weekly PSHE lessons based on the following themes:

RELATIONSHIP EDUCATION

Families and people who care for me	EYFS/KS1/KS2
Caring Friendship	EYFS/KS1/KS2
Respectful relationships	EYFS/KS1/KS2
Online Relationships	KS1/KS2
Being safe	EYFS/KS1/KS2

PHYSICAL HEALTH AND MENTAL WELLBEING

Mental wellbeing	EYFS/KS1/KS2
Internet safety and harms	EYFS/KS1/KS2
Physical health and fitness	EYFS/KS1/KS2
Healthy eating	EYFS/KS1/KS2
Drugs, alcohol, tobacco	KS1/KS2
Health and prevention	KS1/KS2
Basic first aid	KS2 only
Changing Adolescent Body	Year5

Delivery of Relationship education within PSHE:

Class teachers and designated Dot Com leads will take responsibility for:

Teaching Relationships Education and PHSE from the EYFS to Year 6 in line with statutory requirements. These lessons are set out in the school curriculum and include the Dot Com scheme and Zones of Regulation.

Using a variety of teaching methods and resources to provide an engaging curriculum that meets the needs of all pupils.

Ensuring they do not express personal views or beliefs when delivering the programme.

Modelling positive attitudes to relationships, sex and health education.

Responding to any safeguarding concerns in line with the Child Protection and Safeguarding Policy.

Acting in accordance with planning, monitoring and assessment requirements for the subjects.

Liaising with the SENCO to identify and respond to individual needs of pupils with SEND.

Working with the relationships, sex and health education subject leader to evaluate the quality of provision.

Teachers and Dot Com leads and pupils will agree and set the ground rules to ensure that each pupil feels comfortable and safe during these lessons.

Sex and relationship education is usually delivered in mixed gender groups. However, there may be occasions where single gender groups are more appropriate and relevant, and this will be decided by the person delivering the session.

Staff Training

All staff members at the school will undergo training on a termly basis to ensure they are up-to-date with the relationship, sex and health education programme and associated issues and ensure they are fully equipped to teach the subjects effectively.

Confidentiality/Safeguarding

Confidentiality within the classroom is an important component of relationships, sex and health education, and teachers are expected to respect the confidentiality of their pupils as far as is possible.

Teachers will, however, alert the head teacher/Safeguarding lead about any suspicions of inappropriate behaviour or potential abuse as per the school's Child Protection and Safeguarding Policy.

Pupils will be fully informed of the school's responsibilities in terms of confidentiality and will be aware of what action may be taken if they choose to report a concern or make a disclosure.

In order to support the teacher's role in delivering SRE appropriate/ experienced professionals might be invited to deliver specific information for example NSPCC, Lives not knives etc. All visitors must follow our safeguarding and Covid-19 safety procedure.

Inclusion

Every child is entitled to receive SRE regardless of ethnicity, gender, religion, age, culture, disability, sexuality, language special needs, disadvantaged and looked after children (see Inclusion Policy for further information) It is our intention that all children have the opportunity to experience a programme of SRE at a level which is appropriate for their age and physical development with differentiated provision if required.

Monitoring

The delivery of RSE will be monitored by the Healthy Schools /PHSE/RSE Coordinator, Zones of Regulation coordinator and science coordinator to ensure consistency and continuity.

Pupils' development in Relationship Education will be monitored by class teacher as part of our internal assessment systems.

This policy will be reviewed by PSHE coordinator in September 2022.

Links with other policies

This policy should be read in conjunction with other policies and documents: PSHE policy, Anti-bullying policy, Child protection and safeguarding policy and Inclusion policy.

This policy was approved by Governors

November 2020