

[WEEKLY MENU]



Week 1

Weeks Commencing: Mon 2nd Sept - Mon 23rd Sept - Mon 14th Oct - Mon 11th Nov - Mon 2nd Dec



Main Dish of the Day

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Chicken Goujons with BBQ Sauce (G)	Spicy Meatball Pizza (G, MK)	Roast Turkey, Stuffing & Roast Gravy (G, SO)	Mexican Pulled Chicken Burrito (G, MK)	Breaded Baked Fish with Tomato Ketchup (E, F, G)
Vegetarian Dish of the Day	Vegetable Pasta Bake (G, MK)	Veggie Supreme Pizza (G, MK)	Vegetable & Chickpea Loaf (CE, G, MK, SO)	Vegetable & Bean Burrito (G, MK)	Vegetable Calzone (E, G, MK)
Vegetable Choice	Herby Diced Potatoes Sweetcorn & Peas	Seasoned Wedges (G) Baked Beans (SU) Salad	Baby Roast Potatoes Medley of Seasonal Vegetables	Savoury Rice Carrots & Broccoli	Chipped Potatoes Baked Beans (SU) Seasonal Vegetables
Dessert of the Day	Apple Flapjack with Custard (G, MK) Fresh Fruit Salad	Orange & Chocolate Chip Sponge Chocolate Sauce (E, G, MK) Fresh Fruit Salad	American Waffle with Caramel Sauce (E, G, MK) Fresh Fruit Salad	Lemon Drizzle Cake with Whipped Cream (E, G, MK) Fresh Fruit Salad	Winter Berry Cheesecake (E, G, MK) Fresh Fruit Salad
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Help Yourself Salad Bar Home Baked Breads Fresh Fruit	Help Yourself Salad Bar Home Baked Breads Fresh Fruit	Help Yourself Salad Bar Home Baked Breads Fresh Fruit	Help Yourself Salad Bar Home Baked Breads Fresh Fruit	Help Yourself Salad Bar Home Baked Breads Fresh Fruit

Allergens:

CE= Celery E = Eggs F = Fish G = Gluten MK = Milk MU = Mustard SO = Soya SU= Sulphates

Monks Orchard

