

FAIRCHILDES PRIMARY SCHOOL

Physical Education Policy

Why is PE important?

At Fairchildes we believe that PE is an important part of a child's physical, mental and emotional development and well-being. In addition to the physical skills they will learn in PE, children also gain important life skills, including: working as part of a team, learning to be independent, problem solving, promote physical well-being and a healthy life-style, the ability to take on new challenges, learning to celebrate success and cope with losing, to be persistent, learning to be dedicated and show loyalty to each other. All of these skills will help to prepare them for the challenges they will face throughout life.

Aims

We aim to:

- Install the children's enjoyment, attitude and engagement in PE.
- Develop physical co-ordination and competence.
- Promote the physical and psychological benefits of participation in aerobic activity whilst at school and throughout life.
- Develop artistic and aesthetic appreciation within and through movement.
- Help children develop socially through competition and co-operation between other individuals and groups.
- Promote positive attitudes towards health and physical fitness and an understanding of the biological aspects of the body in relation to fitness and well-being.
- To develop all children to the best of their ability to reach their potential.
- Provide equal opportunity for all pupils to reach their full potential, regardless of their race, gender, cultural background or physical ability.

Teaching and Learning in PE.

Physical Education is, by nature, a very practical activity where pupils learn through first hand experience. In view of this, pupils should be physically active for a substantial majority of their P.E. lessons.

It is the ethos of the school that pupils are encouraged for their achievements and that all feedback is as positive as possible. Constructive comments are made in order to further develop the child. It is only in this environment that pupils will have the confidence to attempt, and thus develop their skills.

Children will work in:

- Groups, pairs and as individuals
- Competitive and non-competitive activities
- Contact and non-contact sports
- The development of skills and tactical understanding

Inclusion

At Fairchildes we are aware of, and respond to, pupils' diverse learning needs, including those with English as an additional language, those with learning difficulties, and the Able, Gifted and Talented pupils. Teachers will identify gifted and talented, and SEN/EAL pupils.

All children will have access to PE; therefore, activities will be differentiated accordingly to ensure that children of all abilities participate to their full potential. Consideration will be given to language, resources and equipment used. They should also be encouraged to evaluate their own work. For further information see the Inclusion Policy.

Evaluation and Assessment of Progress

Teachers will make formative assessment of children's progress through the observation and verbal responses of each child. An annual report to parents will detail progress and achievements in PE.

Extra-Curricular Activities

There is a healthy tradition in the school of extra-curricular activities. All children will be given the opportunity to take part in extra-curricular activities which may be before, during or after school.

These activities provide opportunities for more advanced coaching and competition with children from other schools and larger scale team games. This is a valuable part of the life of our school. Pupils with sporting ability are encouraged to take part in such extra-curricular activities, although these are voluntary.

Health and Safety

In order for children to participate in PE in a safe environment, it is imperative that:

- Good discipline is maintained throughout the lesson.
- Teachers should position themselves so that they are able to observe the whole class.
- Children have with them any required medication (eg asthma pumps) which they should be taught to take responsibility for getting themselves.
- Jewellery and hard headbands/clips are removed (small stud earrings may be acceptable)
- Children are wearing the appropriate clothing for the activity. Under no circumstances should children wear track suit trousers, tights, or socked feet on apparatus as this can be dangerous. Where pupils have to cover their legs for religious reasons, adaptations to activities may be required.
- Long hair is tied up.

It is the responsibility of the site manager to ensure that the large apparatus in the halls are checked at least once per year by a specialist. For further information please see the Health and Safety policy and uniform policy.