

[WEEKLY MENU]



Week 1

Weeks Commencing: Monday: 4th Jan - Monday 25th Jan - Monday 22nd Feb - Monday 15th March



Main Dish of the Day

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Butcher's Choice Sausages, Caramelised Onions and Gravy (G, SU)	Mexican Style Beef (CE)	Roast Chicken & Roast Gravy (SO)	Beef Lasagne (G, MK)	Crispy Battered Fish Fillet (F, G)
Vegetarian Dish of the Day	Quorn Sausages, Caramelised Onions and Gravy (E, G, MK)	Roasted Vegetable & Bean Fajita (CE, G)	Sweet Potato, Red Onion & Lentil Pasty (E, G)	Roasted Winter Vegetable Lasagne (G, CE, MK)	Macaroni Cheese (G, MK)
Vegetable Choice	Mash Potato (MK) Carrots Garden Peas	Steamed Rice Broccoli Cauliflower	Roast Potatoes Medley of Seasonal Vegetables	Garlic Bread (G, MK) Green Beans Carrots	Chipped Potatoes Baked Beans Seasonal Vegetables
Dessert of the Day	Shortbread Biscuit & Raspberry Mousse (G, MK) Fresh Fruit Salad	Lemon Drizzle Cake with Vanilla Sauce (E, G, MK) Fresh Fruit Salad	Apple & Forest Fruit Crumble with Custard (G, MK) Fresh Fruit Salad	Fruity Jelly Fresh Fruit Salad	Caramelised Pear & Chocolate Upside-Down Cake & Chocolate Sauce (E, G, MK) Fresh Fruit Salad
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Help Yourself Salad Bar Home Baked Breads (G) Fresh Fruit	Help Yourself Salad Bar Home Baked Breads (G) Fresh Fruit	Help Yourself Salad Bar Home Baked Breads (G) Fresh Fruit	Help Yourself Salad Bar Home Baked Breads (G) Fresh Fruit	Help Yourself Salad Bar Home Baked Breads (G) Fresh Fruit

Allergens:

CE = Celery E = Eggs F = Fish G = Gluten MK = Milk MU = Mustard SO = Soya
SU = Sulphur

Monks Orchard

