

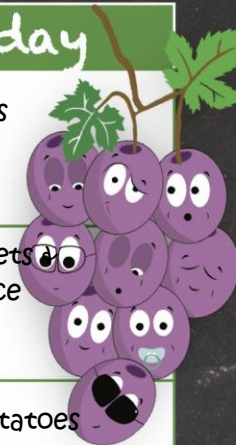
[WEEKLY MENU]



Week 2

Weeks Commencing: Monday: 11th Jan - Monday 1st Feb - Monday 1st March - Monday 22nd March

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------------|---|---|--|---|---|
| Main Dish of the Day | Sticky Chinese Chicken (G, SO) | Meat Feast Pizza (G, MK) | Roast Beef, Yorkshire Pudding + Roast Gravy (E, G, MK) | Savoury Beef Mince (CE) | Fish Fingers (F, G) |
| Vegetarian Dish of the Day | Chickpeas, Sweet Potato + Pepper Stew | Margherita Pizza (G, MK) | Vegetable Sausage "Toad in the Hole" (E, G, MK) | Cheese + Leek Tart (E, G, MK) | Quorn Nuggets + Tomato Sauce (G) |
| Vegetable Choice | Steamed Turmeric Rice Carrots Garden Peas | Seasoned Wedges (G) Broccoli Florets | Baby Roast Potatoes Sliced Carrots Green Beans | Mash Potato (MK) Steamed Savoy Cabbage Sweetcorn | Chipped Potatoes Baked Beans Seasonal Vegetables |
| Dessert of the Day | Carrot Cake with Custard (E, G, MK) Fresh Fruit Salad | Fruit Jelly Fresh Fruit Salad | Marble Sponge + Chocolate Sauce (E, G, MK) Fresh Fruit Salad | Fruit Yoghurt with Oat Cookie (G, MK) Fresh Fruit Salad | Cherry Apple Pie + Custard (E, G, MK) Fresh Fruit Salad |
| Jacket Potato Bar | See Board for Details | See Board for Details | See Board for Details | See Board for Details | See Board for Details |
| Cold Selection | Help Yourself Salad Bar Home Baked Breads (G) Fresh Fruit | Help Yourself Salad Bar Home Baked Breads (G) Fresh Fruit | Help Yourself Salad Bar Home Baked Breads (G) Fresh Fruit | Help Yourself Salad Bar Home Baked Breads (G) Fresh Fruit | Help Yourself Salad Bar Home Baked Breads (G) Fresh Fruit |



Monks Orchard

Allergens:

CE = Celery E = Eggs F = Fish G = Gluten MK = Milk MU = Mustard SO = Soya
SU = Sulphur