

[WEEKLY MENU]



Week 3

Weeks Commencing: Monday 18th Jan - Monday 8th Feb - Monday 8th March - Monday 29th March



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Beef Hot Dog (G, SO)	Chicken Korma (MK, MU)	Roast Turkey, Stuffing and Roast Gravy (CE, G, SO)	Beef Bolognese (G)	Battered Fish Fillet (F, G)
Vegetarian Dish of the Day	Vegetarian Sausage Hot Dog & Ketchup (CE, G)	Chickpea & Vegetable Masala (MK, MU, SO)	"Veggie" Shepherdess Pie (CE, G, MK)	Tomato, Basil & Sweet Pepper Pasta Bake (G, MK)	Vegetable Calzone (E, G, MK, SO)
Vegetable Choice	Seasoned Wedges (G) Garden Peas Carrots	Steamed Rice Broccoli Florets Sweetcorn	Roast Potatoes Baton Carrots Sauté Savoy Cabbage	Pasta (G) Cauliflower Green Beans	Chipped Potatoes Baked Beans Garden Peas
Dessert of the Day	Peach Melba Slice & Custard (E, G, MK) Fresh Fruit Salad	Cherry Cheesecake (G, MK) Fresh Fruit Salad	Orange Chocolate Sponge & Chocolate Sauce (E, G, MK) Fresh Fruit Salad	Apple & Winter Berry Crumble & Custard (G, MK) Fresh Fruit Salad	Ice Cream Roll & Lemon Sauce (E, G, MK, SO) Fresh Fruit Salad
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Help Yourself Salad Bar Home Baked Breads (G) Fresh Fruit	Help Yourself Salad Bar Home Baked Breads (G) Fresh Fruit	Help Yourself Salad Bar Home Baked Breads (G) Fresh Fruit	Help Yourself Salad Bar Home Baked Breads (G) Fresh Fruit	Help Yourself Salad Bar Home Baked Breads (G) Fresh Fruit



Allergens:

CE = Celery E = Eggs F = Fish G = Gluten MK = Milk MU = Mustard SO = Soya

SU = Sulphur

Monks Orchard